ICMJE Form for Disclosure of Potential Conflicts of Interest

Instructions

The purpose of this form is to provide readers of your manuscript with information about your other interests that could influence how they receive and understand your work. The form is designed to be completed electronically and stored electronically. It contains programming that allows appropriate data display. Each author should submit a separate form and is responsible for the accuracy and completeness of the submitted information. The form is in six parts.

1. Identifying information.

2. The work under consideration for publication.

   This section asks for information about the work that you have submitted for publication. The time frame for this reporting is that of the work itself, from the initial conception and planning to the present. The requested information is about resources that you received, either directly or indirectly (via your institution), to enable you to complete the work. Checking “No” means that you did the work without receiving any financial support from any third party -- that is, the work was supported by funds from the same institution that pays your salary and that institution did not receive third-party funds with which to pay you. If you or your institution received funds from a third party to support the work, such as a government granting agency, charitable foundation or commercial sponsor, check “Yes”.

3. Relevant financial activities outside the submitted work.

   This section asks about your financial relationships with entities in the bio-medical arena that could be perceived to influence, or that give the appearance of potentially influencing, what you wrote in the submitted work. You should disclose interactions with ANY entity that could be considered broadly relevant to the work. For example, if your article is about testing an epidermal growth factor receptor (EGFR) antagonist in lung cancer, you should report all associations with entities pursuing diagnostic or therapeutic strategies in cancer in general, not just in the area of EGFR or lung cancer.

   Report all sources of revenue paid (or promised to be paid) directly to you or your institution on your behalf over the 36 months prior to submission of the work. This should include all monies from sources with relevance to the submitted work, not just monies from the entity that sponsored the research. Please note that your interactions with the work's sponsor that are outside the submitted work should also be listed here. If there is any question, it is usually better to disclose a relationship than not to do so.

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   This section asks about patents and copyrights, whether pending, issued, licensed and/or receiving royalties.

5. Relationships not covered above.

   Use this section to report other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work.

Definitions.

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Non-Financial Support: Examples include drugs/equipment supplied by the entity, travel paid by the entity, writing assistance, administrative support, etc.

Other: Anything not covered under the previous three boxes

Pending: The patent has been filed but not issued

Issued: The patent has been issued by the agency

Licensed: The patent has been licensed to an entity, whether earning royalties or not

Royalties: Funds are coming in to you or your institution due to your patent
### Section 1. Identifying Information

1. **Given Name (First Name)**  
   Arne

2. **Surname (Last Name)**  
   Astrup

3. **Date**  
   29-November-2017

4. **Are you the corresponding author?**  
   Yes ✔

5. **Manuscript Title**  
   Personlig ernæring - diæter til personlig vægttab blandt overvægtige

6. **Manuscript Identifying Number (if you know it)**

### Section 2. The Work Under Consideration for Publication

Did you or your institution at any time receive payment or services from a third party (government, commercial, private foundation, etc.) for any aspect of the submitted work (including but not limited to grants, data monitoring board, study design, manuscript preparation, statistical analysis, etc.)?

Are there any relevant conflicts of interest?  
Yes ✔  No

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

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<td>Gelesis, USA</td>
<td>✔</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
<td>Unconditional research grant to the department</td>
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Are there any relevant conflicts of interest?  
Yes   ☐  No ✔
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Section 4. Intellectual Property -- Patents & Copyrights

Do you have any patents, whether planned, pending or issued, broadly relevant to the work? Yes ☑ No ☐

If yes, please fill out the appropriate information below. If you have more than one entity press the "ADD" button to add a row. Excess rows can be removed by pressing the "X" button.

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<td>Methods of inducing weight loss, treating obesity and preventing weight gain.</td>
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<td>University of Copenhagen &amp; Gelesis, USA</td>
<td>Co-inventor</td>
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Section 5. Relationships not covered above

Are there other relationships or activities that readers could perceive to have influenced, or that give the appearance of potentially influencing, what you wrote in the submitted work?

☑ Yes, the following relationships/conditions/circumstances are present (explain below):

☐ No other relationships/conditions/circumstances that present a potential conflict of interest

Co-author of the diet book "Spis dig slank efter dit blodsukker" (Eat according to your blood sugar and be slim) Politikens Forlag 2017, and of 3 related diet books scheduled for publication 2017-2018.

At the time of manuscript acceptance, journals will ask authors to confirm and, if necessary, update their disclosure statements. On occasion, journals may ask authors to disclose further information about reported relationships.
Disclosure Statement

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Dr. Astrup reports grants from Gelesis, USA, personal fees from Gelesis, USA, other from Gelesis, USA, other from Gluco-diet.dk, during the conduct of the study; In addition, Dr. Astrup has a patent Methods of inducing weight loss, treating obesity and preventing weight gain pending to University of Copenhagen & Gelesis, USA, and a patent Biomarkers for predicting degree of weight loss pending to University of Copenhagen & Nestec SA, CH and Co-author of the diet book “Spis dig slank efter dit blodsukker” (Eat according to your blood sugar and be slim) Politikens Forlag 2017, and of 3 related diet books scheduled for publication 2017-2018.

Evaluation and Feedback

Please visit http://www.icmje.org/cgi-bin/feedback to provide feedback on your experience with completing this form.
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**Section 1. Identifying Information**

1. Given Name (First Name) 
   Mads

2. Surname (Last Name) 
   Hjorth

3. Date 
   29-NOVEMBER-2017

4. Are you the corresponding author? 
   ✔ Yes  □ No

5. Manuscript Title 
   Personlig ernæring - diæter til personlig vægttab blandt overvægtige

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Are there any relevant conflicts of interest?  ✔ Yes  □ No

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**Biomarkers for predicting degree of weight loss**

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