

Life-Satisfaction Questionnaire -11 (LISAT-11)

Adapted from Fugl-Meyer AR, Branholm IB, and Fugl-Meyer KS, Life Satisfaction in 18- to 64-year old Swedes: In Relation to Gender, Age, Partner and Immigrant Status, J Rehabil Med, 34: 239-46, 2002;

Life-Satisfaction Questionnaire-11 (LISAT-11) Worksheet:

How satisfactory are these different aspects of your life? Indicate the number which best suits your situation for each of these statements.

1 = very dissatisfying	4 = rather satisfying
2 = dissatisfying	5 = satisfying
3 = rather dissatisfying	6 = very satisfying

Score: (1-6)

- Life as a whole is _____
 - My vocational situation is _____
 - My financial situation is _____
 - My leisure situation is _____
 - My contacts with friends and acquaintances are _____
 - My sexual life is _____
 - My ability to manage my self-care (dressing, hygiene, transfers, etc.) is _____
 - My family life is have no family _____
 - My partnership relation is have no steady partner relationship _____
 - My physical health is _____
 - My psychological health is _____
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