

Supplementary material

Table S1. Clinical meaningful medication groups

Medication groups	ATC or name of dietary supplements
Antacids	A02AA
Antianemic preparations	B03AA, B03BA, B03BB
Anticoagulants	B01AA, B01AB, B01AC, B01AE, B01AF
Antidepressives	N06AA, N06AB, N06AX
Anti-dementia drugs	N06DA, N06DX
Antidiabetics	A10AD, A10AE, A10BA, A10BH
Antiepileptics	N03AG, N03AX
Antihistamines	R06AE, S01AA
Antihypertensives	C07AB, C07AG, C08CA, C09AA, C09BA, C09CA
Antiparkinson drugs	N04BA
Antipsychotics	N05AA, N05AD, N05AF, N05AH, N05AX
Antispasmodic	M03BX
Benzodiazepine derivatives	N03AE, N05BA, N05CD
Bisphosphonates	M05BA, M05BX
Codein	R05DA
Diuretics	C03AB, C03CA, C03EA
Drugs for obstructive airway diseases	R03AC, R03AK, R03AL, R03BA, R03BB
Drugs used in addictive disorders	N07BA, N07BC
D vitamin	D VITAMINE
Estrogens	G03CA
Heart therapeutics	C01AA, C01DA
Hypnotics and sedatives	N05CF, N05CH
Laxatives	A06AB, A06AD, A06AG
NSAIDs	M01AB, M01AE
Ophthalmologicals	S01EA, S01EC, S01ED, S01EE
Opioids	N02AA, N02AB, N02AE, N02AX
Paracetamol	N02BE
Potassium supplements	A12BA
Propulsives	A03FA
Proton pump inhibitors (PPIs)	A02BC
Quinine	P01BC

Statines	C10AA
Systemic glucocorticoids	H02AB
Thyroid therapy	H03AA, H03BB
Urologicals	G04BD, G04CA, G04CB
Vitamins and minerals	A11E, B1 VITAMINE, B-COMBI VITAMINE, C VITAMINE, FOLIC ACID, PHOSPHATE, ION, CALCIUM, MULTI VITAMINE, ZINC

Table S2. Morin’s consensus criteria regarding the continuation of drug therapy for older adults (≥75 years) with an estimated life expectancy of 3 months or less.

Morin’s consensus criteria	Medications (ATC)
Often adequate	Antiemetics (A04A)
	Antiepileptic’s (NO3)
	Inhalations for obstructive airway disease (R03)
	Laxatives (A06)
	Non-Opioid analgesics (NO2B)
	Opioid analgesics (NO2A)
	Thyroid hormones (H03AA)
Questionable	Anticoagulants (B01A)
	Antianemic preparations (B03)
	Alpha-blocker antihypertensives (C02CA, C02LE)
	Non-selective beta-blockers (C07AA)
	Calcium channel blockers (C08)
	ACE-inhibitors (C09A, C09B)

Angiotensin II antagonists (C09C, C09D)

Diuretics (C03A-B)

Other oral antidiabetics, excl. metformin (A10B)

Often inadequate

Anti-dementia drugs (N06D)

Bisphosphonates (M05BA)

Lipid-modifying agents (C10)

Vitamin D (A11CC)

Calcium supplement (A12A)

Antihypertensives, excluding alfa-blokkers (CO2)
